

“Alla” Is a Lullaby

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Abstract. In this scientific work, we will talk about one of the performance genres, the spoon-Alla and its pronunciation types, as well as the chronological description of the Uzbek alla.

Key words: customs, alla, song, baby child, ceremonies, lullaby, lyrical mood.

According to the sources, our grandfather Abu Ali ibn Sina, a great medical scientist, wrote about the importance of Allah in child education in his famous book "The Laws of Medicine": "To strengthen the client of a child, two things should be applied to him. One is rocking the baby slowly, and the other is music and lullabies that have become a habit to put him to sleep.

Depending on the amount of acceptance of these two, the child's talent for physical education with his body and music with his soul will be formed. Alla is a lullaby, which is also widely sung in folklore. Activities such as swaddling, putting the baby in a cradle, putting him to sleep, removing the awake child from the blanket are decorated with songs and beautiful melodious words... Such songs that caress the heart are also liked by the child - that's what This song, which is related to various events and ceremonies, is called alla songs.

There were women who taught how to say Allah. Such women include nannies. Alla is said from the time the child is born to the time he leaves the cradle.

...I have a lion arm, my God,

Brave, my tiger heart, alla.

On a good day or a bad day, alla.

I really need it, alla.

Lullabies express the dreams and dreams of mothers, as well as various historical events and attitudes to social life. Mothers told their babies and children about their heartaches, which they could not tell anyone about, and they got some relief from it.

Alla is a spiritual mirror of her time in a lyrical mood. The atmosphere of the time, people's livelihood, social and household life, relations between people, contradictions, the beautiful and artistic, spiritual power of simple words are expressed in the lovely melodies of the mother.

... Look at the flower, alla,

They turn towards the water, alla.

Look at the unfaithful lovely, alla.

They will leave without dying, alla...

Allah is a universal song. It can be said in different languages, but at the heart of it one thing lies the infinite love of a mother for her child...

I tell you alla, my dear child,

Listen to me, alla

Listen slowly my sweetie alla,

Go to sleep, alla.

To the water that fell on your faces

Don't be surprised, alla

I'm glad if you grew up

Don't be sad, alla

Your future is bright,

You are cute, alla,

I'm glad if you grew up

Don't be sad, alla.

You are a reminder of my love,

My golden lamb, alla

Don't spill like me-poor women

You are my crystalline lens

Alla, Alla, Alla.

** * **

Shall I bring the moon?

Will I take the day, alla,

Get on your swing, alla,

Will I pick flowers, alla?

I say Alla, kiss you, Alla

I'll find your comparison, alla.

If you stick out your tongue and say "bread", alla,

I bake tiny bread at every day, alla.

I'll bring you a golden cradle, alla,

And bring for you a silver cradle, alla.

*Under my baby, alla,
I'll make a velvet bed, alla.
If I tell you alla, you'll be fine,
You look at it with a smile, alla.
If I grow up to be a wrestler,
One day you will be good person for me, alla.
The end of my life, my child, alla,
The power of my love, my child.*

Yes, alla's tunes occupy a unique place in Uzbek folk art. In our childhood, Habiba Okhunova's alla was played on the radio in our yard every day around nine o'clock. The children would listen to it even when the lights went out, and it sounded even sweeter.

It should be said that alla is a song that is sung alone, with a soft tone and a low voice, to put a baby (child) to sleep. Every nation in the world has its own god. Turkic peoples, especially Uzbeks, have paid special attention to the health of a child not only physically, but also mentally and spiritually. Ancestors knew very well that the music heard during the cradle plays an important role in the formation of a healthy and pure mind of a child. It can be said that his dreams and ideals of a perfect man are reflected in the songs spoken by Uzbek mothers.

In the Uzbek alla, there is the warmth of a mother's heart, the sincerity of her wishes, and the sincerity of her desire for her child to have truly human qualities. A baby (child) may not understand the text of Allah, but baby child will feel the mother's love and the feeling of gratitude that is embedded in the essence of Allah. Along with the mother's love, her joy, pride, and at the same time her pain, sorrow, joy, and dreams can be expressed.

In particular, any mother protects and honors her family for her child. With a feeling of gratitude in her heart, a mother asks God for the best qualities for her child, the highest blessing, and embodies it in everything.

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