

"Community Education, Psychology and Social Studies"

## The Place of Art in Human Perfection

**Ashiralieva Malikakhon Khahramon kizi**

Uzbek State Institute of Arts and Culture 1st year student

**Muminmirzo Kholmuminov oglu**

Teacher of the Uzbekistan State Institute of Arts and Culture

---

**Abstract.** The article gives a brief overview of the art that adds color to our lives, an integral part of it, its types and directions, the attention paid to art in our country today, the issues of raising it to new heights. is passed.

**Key words:** art, music, art history, creation, maqom, culture, modern.

Art is food for the human soul. Because it is water and air that is necessary not only for every living soul, but also for its interior. Man is born to always enjoy something, feel spiritual nourishment from it, and at least calm down. It has an ancient history and was created in the early stages of the development of society in connection with the labor process and the development of people's activities.

“Art is a unique form of social consciousness and human activity. Along with meeting the aesthetic requirements of people, art has served as a means of educating the members of society in a certain spirit, developing them intellectually and emotionally, and expressing their various goals, feelings, interests, and ideals in different periods of its development. Expressed”. [1:214 ]

Indeed, the understanding of art, paying great attention to its place in people's lives today is parallel to the serious views of cultural history. Art is a source of aesthetic pleasure for a person, it is a force that gives a special beauty to human life, it invites to observe, learn and know life. Art, in its various forms, forms an aesthetic system that has the ability to collect, store, and deliver unique artistic-aesthetic values to others. The types of art are diverse, such as visual arts, music, theater, applied decorative arts, sculpture, wood carving, architecture, etc. People are alive with them, there are those who are art lovers, and the souls who have fallen in love with it are enlightened.

“There is another powerful tool to discover a person and his spiritual world, and that is the

art of words.” [2:13]

Art does not consist only of practical types, as First President Islam Karimov said above, speaking, especially being able to say it correctly and in the right place, is also an art. According to the majority of the public, a person can express his thoughts more and in more detail when he writes. Because not everyone may be able to give a speech in front of the general public.

Our grandfather Ibn Sina said, Art is a miracle. It is not for nothing that he said that there are such special places of the heart and brain that can be accessed only through the medium of art. If a person enjoys art when he is tired or nervous, his worries are instantly forgotten. Nothing else can give the healing that He gives. Especially if this art form is music.

“Music” - (Greek - mousiche - art of muses) - art that reflects human emotional experiences, thoughts, and imagination through the consistency or set of musical sounds (tones, melodies). Its content consists of specific musical and artistic images that represent changing mental states. [3:121]

Music changes according to any mood of a person: sad, sad, happy or joyful. Music activity of a person is mainly carried out in 3 stages - creation, performance and listening. At each stage, the content and form of the work will have a different appearance. At the creative stage, the artistic idea and form are born together in the mind of the author. During the performance, the form and content are changed by the performer in accordance with his worldview, aesthetic imagination, personal experience and skill. Music lovers also accept the performed work based on their taste, life and artistic experience. Thus, musical activity has a creative nature at all stages.

It is known from history that all peoples on earth have their own culture, art, as well as musical culture, which is considered a sign of their spiritual wealth. In particular, the musical culture of the peoples of the East formed the basis of the national music of each nation, and had a theoretical and practical school of performance. Specific categories of musical performance, such as makom, mugom, and navba, which are the musical wealth of the peoples of the East, have been performed and developed in different forms and directions in different periods. The dictionary meaning of the word “Maqam” comes from Arabic and means “place”, “space”. In the musical sense, it can be understood as the place where the sound is made or the exact pitch. [4:27]

Since ancient times, the world knows us because of the strong attention to art and culture and the presence of young people who are thirsty for enlightenment in our region. We are carrying out a number of activities as a generation worthy of them.

Initially, it was established as the Uzbek State Scientific Research Institute of Music and Choreography on December 11, 1928, according to the report No. 14 of the Board of the People's Education Commissariat of Uzbekistan. According to the decision of the Cabinet of Ministers of the Republic of Uzbekistan No. 141 dated May 19, 2009, the institute was transferred to the system of the Academy of Sciences of the Republic of Uzbekistan.

The Institute of Art Studies of the Academy of Sciences of Uzbekistan is considered to be the only institution that encourages our young people to conduct research in the field of science and art and conduct dissertation defenses. This institute is the only organization in

Central Asia that attracts leading specialists in the history and theory of art, fine and decorative arts, architecture, music, theater and cinema. Since 1992, defense of doctoral theses has been held at the United Economic Council under the Institute of Art Studies. Accordingly, since 2012, the Institute has created a Coordinating Council for Doctoral Dissertation Topics, whose activities are aimed directly at providing close support to future researchers. Qualified specialists and experienced scientists from all related higher educational institutions are involved in the work of this council. [5:6]

“Modern” (French-modern - the newest, modern) of art today is an artistic style that existed in European and American art at the end of the 19th century and the beginning of the 20th century. It was formed as a result of attempts to get rid of modern eclecticism and create a “new style” (a single synthetic art), in the conditions of rapidly developing industrial society and sharpening social contradictions. [6:111]

As the new era approaches, a new form of artistic thinking, a new type of figurative expression is developing, the range of creativity is also expanding. Now, the artistic character of the art of the new era, its unique development, the attitude to traditions, the emergence of principles of experience in relation to them will be useful for the culture and art of all nations.

“In the coverage of modern art history and theory and fundamental researches of modern artistic processes, it is a requirement of the time to refer not only to art studies, but also to the methodologies used in other fields of humanities, such as history, philology, philosophy, logic, psychology, and religious studies. Left” [7:9]

In conclusion, it is necessary to mention that art is an inseparable part of our daily life. We need to enrich this part of our country for the next generation and contribute to its development. Art is a cornerstone of human creativity and evolution. In other words, it is a force that attracts us like an ohangrabo. Without art, people's imaginations fade away, they are filled with nothing but emptiness. Science without art would not be very interesting, because other discoveries are made through creative approaches. Art also exists to arouse human emotions, to motivate him, to make him sad or happy, to inspire him and to give him the necessary advice on his way of life. A person cannot be happy without feelings. Every person grows spiritually during his life. In our world, people who are not indifferent to any kind of creativity are relevant in our lives. Art teaches people manners and can develop spiritual-aesthetic and moral feelings in them and lead them on the right path in life.

#### **List of used literature:**

1. B.Sayfullayev. Madaniyat va san'at atamalarining izohli lug'ati. G'afur G'ulom nomidagi nashriyot-matbaa ijodiy uyi. Toshkent – 2015. 349 b.
2. A.Nosirova. Jonli so'z san'ati asoslari. “Musiqqa” nashriyoti. Toshkent –2009. 223 b.
3. B.Sayfullayev. Madaniyat va san'at atamalarining izohli lug'ati. G'afur G'ulom nomidagi nashriyot-matbaa ijodiy uyi. Toshkent – 2015. 349 b.
4. S.Mannopov. Navobaxsh ohanglar. Toshkent. “IJOD-PRESS” – 2018. 294 b.
5. H.Ismoilov. Shaxs ma'naviyatini shakllanishida san'at va madaniyat ro'li. “Navro'z” nashriyoti. – 2014. 388 b.

6. B.Sayfullayev. Madaniyat va san'at atamalarining izohli lug'ati. G'afur G'ulom nomidagi nashriyot-matbaa ijodiy uyi. Toshkent – 2015. 349 b.
7. G.Holiqova, M.Isoqova. Yangi davr san'ati:an'anaviy va transformatsion jarayonlar. O'zbekiston Milliy kutubxonasi nashriyoti. Toshkent – 2013. 404 b.